

LNAP 2015

- 08:00 p.m. Study group (BIO1130 & ITI1120)
- 09:00 p.m. Study group (BIO1130 & ITI1120)
- 10:00 p.m. Anti-procrastination solution: motivation
- 11:00 p.m. Anti-procrastination solution: time management
- 12:30 a.m. Pizza break
- 01:00 a.m. 5 myths of academic writing
- 02:00 a.m. 5 mistakes to avoid
- 03:00 a.m. Night walk
- 04:00 a.m. Anti-stress solution: meditation
- 05:00 a.m. Anti-stress solution: colouring
- 06:30 a.m. Breakfast break
- 07:00 a.m. Pet therapy

LONG NIGHT AGAINST PROCRASTINATION

November 5 - 6 | 8 p.m. - 8 a.m.

Academic Writing Help Centre (AWHC)

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