Psychiatric Consultation Clinic Checklist

What is a Regional Mental Health Telemedicine Clinic?
Regional Telemedicine Clinics are supported through mental health sessional funding for non-billable OHIP time. The goal of these clinics is to increase access to specialized mental health services. Each clinic has a dedicated ROHCG Psychiatrist who works with a dedicated group of community primary care providers to build Mental Health capacity amongst GPs, Nurses and Allied Health Professionals by providing direct patient care, case consultation and on-going education as requested. The clinics are not staffed for urgent mental health needs.

Why are you referring the patient to the clinic?
✓ Are you looking for treatment recommendations?
✓ Are you looking for diagnostic clarification?
✓ Is your patient “treatment resistant”?
✓ How can the consulting psychiatrist assist you in managing your patient’s care?
✓ The more specific your question, the more detailed the consulting psychiatrist can be in their consultation.

What is helpful to a Consulting Psychiatrist?
✓ Clear referral form – please ensure the form is legible
✓ Supporting letter from primary care provider clearly stating why you are referring the patient to the clinic
✓ History of medications
✓ Mental Health history – has your patient seen a psychiatrist before?
✓ If so any clinical notes are appreciated.

What this clinic does NOT support
✓ WSIB Evaluations
✓ ODSP Evaluations
✓ CAS Evaluations
✓ Urgent Mental Health needs

Referral Management
✓ Triaging of referrals is the responsibility of the referring site
✓ Telemedicine Coordinators and Primary Care providers need to work together to ensure patients are prioritized correctly

If you have questions about this program please contact: couns@uOttawa.ca