

L N A P

2018

Arrive when you like, study alone or with your friends, and take part in the activities that spark your interest!

AT SET TIMES		AT YOUR OWN PACE
Study groups (BIO1540 & BIO1140)	8 p.m.	Snacks and beverages will be served all night! ● Need tips to stop procrastinating? • Come find out more ● Want to chill? • Make your own stress ball ● Draw inspiration! • Color a mandala
Games and awareness (Drugs & Alcohol) Games and strategies (Mental Health) Pet therapy (SASS)	8:30 p.m.	
Grammar tips (AWHC)	9 p.m.	
Active break	10 p.m.	
How to reference properly (AWHC)	10:30 p.m.	
Pizza break	Midnight	

LONG NIGHT AGAINST PROCRASTINATION

March 8, 2018 | 8 p.m. – 2 a.m.

Student Academic Success Service (SASS)

Academic Writing Help Centre (AWHC)

110 University | 613-562-5601 | awhc@uOttawa.ca | sass.uOttawa.ca/en/writing



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